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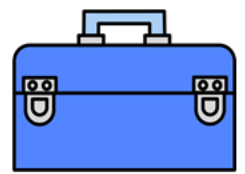
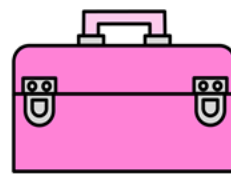
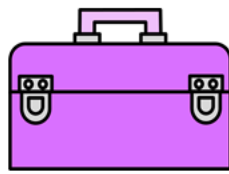
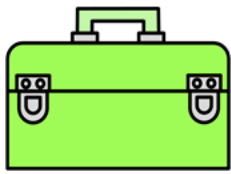
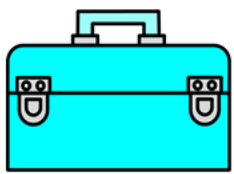


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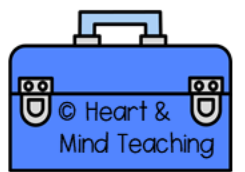
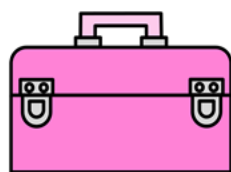
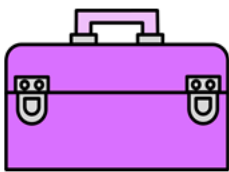
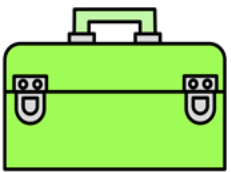
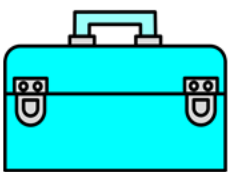
If you have any questions or concerns please email me at:
heartandmindteaching@gmail.com

♥
Ashley

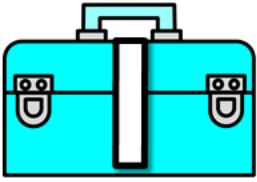


BEHAVIOR TOOLBOX

Lazy



BEHAVIOR TOOLBOX



Lazy

What it looks like

- *Student has a very low internal motivation and interest in school.
- *Student does not create goals.
- *Student often is seen off task, wasting time, looking bored, staring off into space.
- *When working in a group, he/she frequently causes the group to get off topic.
- *Student is very disorganized, does not come prepared to class, often does not have materials.
- *Fails to do classwork and homework.
- *Displays an "I don't care" attitude.
- *Student will have every excuse for his/her behavior.
- *He/she may feel like they cannot do the work, being lazy is a cover up for how they feel and it prevents failure if they never even try.

lazy

BEHAVIOR TOOLBOX



Lazy

What to do

*Attempt to find the reason for the laziness. Is it because they feel they cannot do the work? Is their home life filled with responsibilities? Is there a medical concern?

*Laziness is usually because of fear of failure (low self-esteem) or work avoidance. In both cases, the student has learned it is easier to be lazy than to attempt the work. Knowing this, you have to make the student work and do not let him/her get away with laziness. That way it is no longer "easy" to be lazy.

*Attempt to find something that is important to the student, ask the student what their interests are. Use what their interests are to motivate them to complete work. Example: Completed math classwork earns 10 minutes on the computer (if this is a preferred activity). Set up a contract with the student.

*Give work in shorter segments, and reward completed work guarantee Immediate positive reinforcement.

*Enforce time limits for work completion, use a timer.

*Provide the student additional work time, before/after school if they are unable to stick to the reasonable time limits you set.

*When speaking to the student, point out their strengths. Focus on how much you care about them and how you are going to work to improve the behavior together. Offer choices (do every other problem on the paper).

*Speak to parents about your concerns and your plan for how to improve it, suggest similar motivational strategies to use at home for completion of chores (earned time to play video games).

Lazy

BEHAVIOR TOOLBOX



Lazy

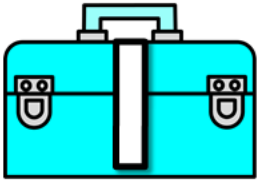
What NOT to do

- *Do not assume the student cannot do the work, it may be that they think they cannot do it. Laziness can cover up a student's true abilities.
- *Do not put the student down or call them lazy.
- *Do not forget to focus on their strengths and what they are interested in.
- *Do not expect perfection from this student, you may have to allow for less work (example- only evens on a worksheet).
- *Do not give up on the student, even though they have given up on themselves. You may be the only person in their life who believes in them.
- *Do not fail to try different approaches to reach this child, if the reward/earned time does not work then switch it up to something else the child finds worthwhile.
- *Do not neglect to consider the home environment, possible medical conditions, or external factors that could be contributing to this behavior.

lazy

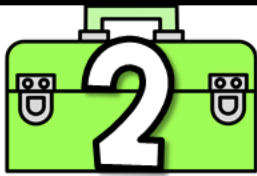
BEHAVIOR TOOLBOX

Lazy Quick Guide



What it looks like

- *Student has a very low internal motivation and interest in school.
- *Student often is seen off task, wasting time, looking bored. *Student is very disorganized, does not come prepared to class.
- *Fails to do classwork and homework.
- *Displays an "I don't care" attitude.
- *Student will have every excuse for his/her behavior.
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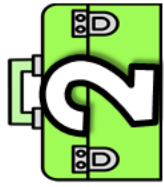
What to do

- *Attempt to find the reason for the laziness. Laziness is usually because of fear of failure (low self-esteem) or work avoidance.
- *Attempt to find something that is important to the student, ask the student what their interests are. Use what their interests are to motivate them.
- *Give work in shorter segments, and reward completed work guarantee Immediate positive reinforcement.
- *Enforce time limits for work completion, use a timer.
- *Provide the student additional work time, before/after school if they are unable to stick to the time limits you set.
- *When speaking to the student, point out their strengths. Focus on how much you care about them and how you are going to work to improve the behavior together. Offer choices (do every other problem on the paper).
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2 lazy

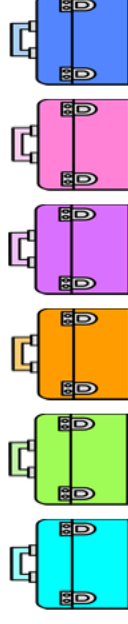
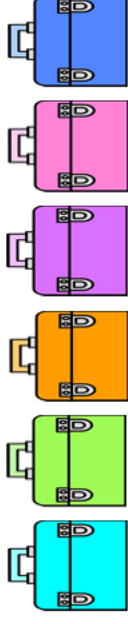
What to do (Cont.)

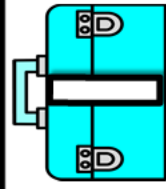
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"A change in
behavior
begins with a
change in
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Lazy

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Hi there! I'm Ashley- a School Counselor, curriculum developer, blogger, and mama to two young boys. I have a passion for creating fun and engaging resources for Counseling and Social Emotional Learning.

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Ashley

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